



Starter Cup

Online Shop

EN

Before first use

- Before the first use, disassemble and clean the products. Place the components in boiling water for 5 minutes, to ensure correct hygiene. See specific cleaning chapter below to find out more.
- Before first use, press gently on the mouthpiece of the spout to check if the slits are properly open.
- When first used and sometimes during use, the ventilation slit (in the raised bubble on the underside of the lip rest) can stick together. This will prevent air from entering the cup during feeding and as a result, cause the spout to collapse. Slowly brush over the bubble (ventilation) a few times with your thumb or fingers to re-open the slit.

Cleaning

- Before each subsequent use, disassemble and clean the product carefully in warm soapy water. Rinse well with clean water before sterilising, in order to ensure hygiene. Avoid harmful ingredients in the soap such as alcohol, chlorine, and/or microplastics. Do not leave items standing in the cleaning detergent like soapy water longer than recommended – this could negatively affect the product function.
- Inspect all individual cup parts before each use. Throw away at the first signs of damage or wear.
- **To ensure proper cleaning all cup parts MUST be disassembled. Cleaning while assembled can damage the cup.**
- All parts are top rack dishwasher safe (up to 65°C / 149°F).
- Food colourings may discolour components. This does not adversely affect the material.
- Do not use abrasive cleaning agents. Only soft brushes or soft sponges should be used. Hard scourers may scratch the plastic.
- Ensure no residual food remains in the cup parts after cleaning.

Sterilising

- **To ensure correct sterilisation, all cup parts MUST be disassembled.**
- Clean all cup parts before sterilising.
- After cleaning, sterilise using one of the following methods: steam sterilising (electric or microwave according to manufacturer's instructions), boiling in water for at least 10 minutes or liquid sterilising solution. After boiling or sterilising allow all parts to cool.
- Do not leave any item (including the feeding spout) standing in sterilising solutions longer than recommended. Do not leave in direct sunlight or heat – this could negatively affect the product function and may weaken the spout.
- NEVER assemble cup parts whilst sterilising. This can damage the cup and distort the threads where the cup screws together.
- Assembling SPOUT: Insert spout into top of cup screw ring until you hear a "click". Place the handles over the cup neck tightly.

Further important information

- The cup is made of polypropylene which is hygienic, easy to clean and relatively soft. Avoid any heavy pressure on it, as this could affect the function.
- Ensure that the holes of the spout are not blocked.
- Always store the cup dry.
- Always only use MAM cup spouts with the MAM cups.
- Use sugar free food or liquids only.
- Keep the handle in daylight during the day so that it glows in the dark. Do not keep the handles in direct sunlight.
- The night handle will not charge under LED light.
- To avoid injury, do not allow toddlers to walk with the cup.
- NEVER put your baby to bed with the cup. Prolonged contact with liquids may cause severe tooth decay.
- The cup will not remain spill-proof if used free flow without the valve. Always transport the cup in an upright position.
- NEVER heat a sealed cup. NEVER place the cup in a traditional oven. NHS do not recommend microwave heating. After warming the cup, always stir thoroughly to evenly distribute heat. Always test the temperature before serving.
- The cup spout and cup handles are compatible with all MAM cups.
- Please retain instructions for future use.

For your child's safety and health

WARNING!

- Continuous and prolonged sucking of fluids may cause tooth decay.
- Always check the food temperature before feeding.
- Throw away at the first signs of damage or weakness.
- Keep components not in use out of the reach of children.
- Never attach to cords, ribbons, laces or loose parts of clothing. The child can be strangled.
- Never use feeding spouts as a soother.
- Always use this product with adult supervision.