



**Feel Good**  
Online Shop

EN

## Feel Good

### Premium Glass Bottle

#### Before first Use

- Before the first use, disassemble and clean the product by placing the components in boiling water for 5 minutes. This allows appropriate cleanliness of the product. See the specific chapter to find out more about cleaning.
- Inspect all individual bottle parts before each use and pull the feeding teat in all directions. Throw away at the first signs of damage or weakness, cracks or glass fragments inside and outside the bottle.
- When first used and sometimes during use, the ventilation slit (in the raised bubble on the underside of the teat base) can stick together. This will prevent air from entering the bottle during feeding and as a result, cause the teat to collapse. Slowly brush over the bubble (ventilation) a few times with your thumb or fingers to re-open the slit.

#### Cleaning

- Before each subsequent use, disassemble and clean the product carefully in warm soapy water. Rinse well with clean water before sterilising, in order to ensure hygiene. Avoid harmful ingredients in the soap such as alcohol, chlorine, and/or microplastics.
- Do not leave items standing in the cleaning detergent like soapy water longer than recommended – this could affect the product print design and scale fading/coming of.
- Inspect all individual bottle parts before each use and pull the feeding teat in all directions. Throw away at the first signs of damage or wear, cracks or glass fragments inside and outside the bottle.
- Sudden temperature changes can cause glass bottles to crack or break.
- Do not leave glass bottles in boiling water unattended, as glass can be damaged through uncontrolled impact with the pot or other glass components. We recommend boiling the glass body separately.
- To ensure proper cleaning, all bottle parts MUST be disassembled. Cleaning while assembled can damage the bottle itself or the plastic components.
- Dishwasher safe on top dishwasher rack (max. 65°C / 149°F) but food colourings may discolour plastic/silicone components.
- Do not use abrasive cleaning agents or any metal utensils for cleaning or stirring contents. This can damage the glass. Only soft bristle brushes or soft sponges should be used to avoid damaging the glass and/or the printing. Hard scourers may scratch the glass and plastic parts.
- Ensure no residual food remains in the bottle parts after cleaning and sterilising.
- Do not leave single bottle parts in direct sunlight or heat.

#### Sterilising

- To ensure proper cleaning/sterilising all bottle parts MUST be disassembled.
- Clean all bottle parts before sterilising.
- After cleaning, sterilise using one of the following methods: steam sterilising (electric or microwave according to manufacturer's instructions), boiling in water for at least 10 minutes or immersing in a liquid sterilising solution.
- UV sterilising of MAM bottles is not recommended.
- Do not leave bottle parts in direct sunlight or heat longer than recommended, as this may affect the product function and may weaken the teat.
- Do not leave bottle in sterilising solution longer than recommended, as this could affect the product print design and scale fading/coming off.
- Do not place glass bottle on the top rack of the MAM microwave steriliser as the weight of the bottle could deform the rack.
- NEVER assemble bottle parts when sterilising. This can damage the bottle and distort the threads where the bottle screws together.

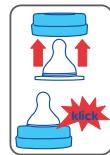
#### HEATING Instructions

- Heating/cooling methods: Bottle warmer, jug of water, running water. Never place in heated oven. NEVER heat the bottle on open flame or fire.
- NHS do not recommend warming in a microwave as this can cause hot spots in the milk
- NEVER pour boiling water into the bottle.
- NEVER heat or cool a sealed bottle. Remove the lid and teat (with screw ring) before heating. Do not overheat as this may damage the bottle.
- NEVER heat the bottle with food in it above 70°C.
- After warming the bottle, always stir thoroughly to evenly distribute heat, but do not use any metal utensils. It is recommended to rather stir the food than shake, to avoid any air bubbles which might cause colic.
- Always test the temperature before serving.
- Beware of very hot glass body after heating.

#### Further important information

- The bottle is made of natural glass which is hygienic, easy to clean and relatively fragile. Avoid any heavy pressure on it, as this could affect the function.
- Do not use pin or sharp object to enlarge feeding hole of teat.

- Do not let babies self-feed. To avoid injury, do not let children walk with a glass bottle.
- Always store the bottle dry.
- Store teats in a dry sealed container.
- Always use only MAM teats with the MAM bottles.
- Use sugar free food or liquids only.
- NEVER put your baby to bed with bottle. Prolonged contact with liquids may cause severe tooth decay.
- Bottle teat fits all MAM Bottles and the Trainer+.
- The bottle is compatible with MAM teats and breast pump.
- Insert teat into top of bottle screw ring until you hear a "click".
- Please retain instructions for future use.



**For your child's safety and health**  
**WARNING!**

- Continuous and prolonged sucking of fluids may cause tooth decay.
- Always check food temperature before feeding.
- Throw away at the first signs of damage or weakness.
- Keep components not in use out of the reach of children.
- Never attach to cords, ribbons, laces or loose parts of clothing. The child can be strangled.
- Never use feeding teats as a soother.
- Always use this product with adult supervision.
- Glass bottles may break.
- Do not use it with handles as it may break if dropped.

