



Cups

Online Shop

EN

Learn to Drink Cup – Instructions for Use

Before first use

- Before first use, disassemble and clean the product and then place the components in boiling water for 5 minutes. This is to ensure hygiene. See specific chapter below to find out more about cleaning.

Cleaning

- Before each subsequent use, disassemble and clean the product carefully in warm soapy water. Rinse well with clean water before sterilising, in order to ensure hygiene. Avoid harmful ingredients in the soap such as alcohol, chlorine, and/or microplastics. Do not leave items standing in the cleaning detergent like soapy water longer than recommended – this could negatively affect the product function.
- **Inspect all individual cup parts before each use. Throw away at the first signs of damage or wear.**
- To ensure proper cleaning all cup parts **MUST** be disassembled. Cleaning while assembled can damage the cup.
- All parts are top rack dishwasher safe (up to 65°C / 149°F).
- Food colourings may discolour components. This does not adversely affect the material.
- Do not use abrasive cleaning agents. Only soft brushes or soft sponges should be used. Hard scourers may scratch the plastic.
- Ensure no residual food remains in the cup parts after cleaning.

Sterilising

- **To ensure proper sterilising all cup parts MUST be disassembled.**
- Clean all cup parts before sterilising.
- After cleaning, sterilise using one of the following methods: steam sterilising (electric or microwave according to manufacturer's instructions), boiling in water for at least 10 minutes or liquid sterilising solution. After boiling or sterilising allow all parts to cool.
- Do not leave any item (including the feeding spout) standing in sterilising solutions longer than recommended or leave in direct sunlight or heat - this could negatively affect the product function and may weaken the spout.
- **NEVER** assemble cup parts when sterilising. This can damage the cup and distort the threads where the cup screws together.

Further important information

- The cup is made of polypropylene which is hygienic, easy to clean and relatively soft. Avoid any heavy pressure on it, as this could affect the function.
- Ensure that the holes of the spout are not blocked.
- Always store the cup dry.
- Always use only MAM cup spouts with the MAM cups.
- Use sugar free food or liquids only.
- To avoid injury, do not let toddler walk with the cup.
- **NEVER** put your baby to bed with the cup. Prolonged contact with liquids may cause severe tooth decay.
- The cup will not remain spill-proof if used free flow without valve. In this case transport always in upright position.
- **NEVER** heat a sealed cup. **NEVER** place cup in a traditional oven. NHS do not recommend microwave heating. After warming the cup, always stir thoroughly to evenly distribute heat. Always test the temperature before serving.
- The cup spout and cup handles are compatible with all MAM cups.
- Please retain instructions for future use.

For your child's safety and health

WARNING!

- Continuous and prolonged sucking of fluids may cause tooth decay.
- Always check food temperature before feeding.
- Throw away at the first signs of damage or weakness.
- Keep components not in use out of the reach of children.
- Never attach to cords, ribbons, laces or loose parts of clothing. The child can be strangled.
- Never use feeding spouts as a soother.
- Always use this product with adult supervision.